

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29 ■ 19:30 80m Net 3.650MHz	30 ■ 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	31 New Year's Eve ■ 11:30 70cm FM NET GB7WH	1 New Year's Day	2 2 January (Scotland) ■ 21:00 2m SSB NET 144.330MHz	3	4 ■ 11:30 2m FM NET 145.500MHz
5 ■ 19:30 80m Net 3.650MHz	6 ■ 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	7 ■ 11:30 70cm FM NET GB7WH	8 ■ 11:30 60m Net 5.3985MHz	9 ■ 21:00 2m SSB NET 144.330MHz	10	11 ■ 11:30 2m FM NET 145.500MHz
12 ■ 19:30 80m Net 3.650MHz	13 ■ 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	14 ■ 11:30 70cm FM NET GB7WH	15 ■ 11:30 60m Net 5.3985MHz	16 ■ 21:00 2m SSB NET 144.330MHz	17	18 ■ 11:30 2m FM NET 145.500MHz
19 ■ 19:30 80m Net 3.650MHz	20 ■ 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	21 ■ 11:30 70cm FM NET GB7WH	22 ■ 11:30 60m Net 5.3985MHz	23 ■ 21:00 2m SSB NET 144.330MHz	24	25 Burns Night (Scotland) ■ 11:30 2m FM NET 145.500MHz
26 ■ 19:30 80m Net 3.650MHz	27 ■ 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	28 ■ 11:30 70cm FM NET GB7WH	29 ■ 11:30 60m Net 5.3985MHz	30 ■ 21:00 2m SSB NET 144.330MHz	31	1 ■ 11:30 2m FM NET 145.500MHz

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26 19:30 80m Net 3.650MHz	27 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	28 11:30 70cm FM NET GB7WH	29 11:30 60m Net 5.3985MHz	30 21:00 2m SSB NET 144.330MHz	31	1 11:30 2m FM NET 145.500MHz
2 19:30 80m Net 3.650MHz	3 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	4 11:30 70cm FM NET GB7WH	5 11:30 60m Net 5.3985MHz	6 21:00 2m SSB NET 144.330MHz	7	8 11:30 2m FM NET 145.500MHz
9 19:30 80m Net 3.650MHz	10 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	11 11:30 70cm FM NET GB7WH	12 11:30 60m Net 5.3985MHz	13 21:00 2m SSB NET 144.330MHz	14 Valentine's Day	15 11:30 2m FM NET 145.500MHz
16 19:30 80m Net 3.650MHz	17 Shrove Tuesday 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	18 Ash Wednesday 11:30 70cm FM NET GB7WH	19 11:30 60m Net 5.3985MHz	20 21:00 2m SSB NET 144.330MHz	21	22 11:30 2m FM NET 145.500MHz
23 19:30 80m Net 3.650MHz	24 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	25 11:30 70cm FM NET GB7WH	26 11:30 60m Net 5.3985MHz	27 21:00 2m SSB NET 144.330MHz	28	1 St David's Day 11:30 2m FM NET 145.500MHz

March 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
23 19:30 80m Net 3.650MHz	24 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	25 11:30 70cm FM NET GB7WH	26 11:30 60m Net 5.3985MHz	27 21:00 2m SSB NET 144.330MHz	28	1 St David's Day 11:30 2m FM NET 145.500MHz
2 19:30 80m Net 3.650MHz	3 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	4 11:30 70cm FM NET GB7WH	5 11:30 60m Net 5.3985MHz	6 21:00 2m SSB NET 144.330MHz	7	8 11:30 2m FM NET 145.500MHz
9 19:30 80m Net 3.650MHz	10 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	11 11:30 70cm FM NET GB7WH	12 11:30 60m Net 5.3985MHz	13 21:00 2m SSB NET 144.330MHz	14	15 Mother's Day 11:30 2m FM NET 145.500MHz
16 19:30 80m Net 3.650MHz	17 St Patrick's...y (N Ireland) 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	18 11:30 70cm FM NET GB7WH	19 11:30 60m Net 5.3985MHz	20 21:00 2m SSB NET 144.330MHz	21	22 11:30 2m FM NET 145.500MHz
23 19:30 80m Net 3.650MHz	24 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	25 11:30 70cm FM NET GB7WH	26 11:30 60m Net 5.3985MHz	27 21:00 2m SSB NET 144.330MHz	28	29 British Sum...Time begins 11:30 2m FM NET 145.500MHz
30 19:30 80m Net 3.650MHz	31 11:30 40m SSB NET 7.136MHz or -10KHz or +10KHz	1 April Fools' Day 11:30 70cm FM NET GB7WH	2 11:30 60m Net 5.3985MHz	3 Good Friday 21:00 2m SSB NET 144.330MHz	4	5 Easter Sunday 11:30 2m FM NET 145.500MHz